



EASTMONT HIGH SCHOOL

COURSE SYLLABUS 2010-11

DEPARTMENT: Physical Education , Special Education

TEACHER: Ms. Jensen

COURSE TITLE: Adaptive Physical Education

 Year Long Year Long

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1. COURSE DESCRIPTION:

Adaptive Physical Education is developmentally appropriate physical education with specially designed instruction for students with gross motor developmental delays. The course consists of adapted physical education activities which are specifically designed to meet the individualized needs of students. Students must qualify for adaptive physical education through a district approved assessment administered by the adaptive physical education teacher.

2. TEXTBOOKS:

- NA

3. STUDENT OUTCOMES: *Upon completion of the course, the student will be able to:*

UNIT/LENGTH	STUDENT COMPETENCIES
DAILY	<ul style="list-style-type: none"> • Physical Fitness - students will participate in a daily fitness program for the first part of each class period. She/he will participate in an individualized program to enhance her/his cardiovascular endurance and strength.. Focus will be on the student working to promote a healthy lifestyle.
WEEKLY	<ul style="list-style-type: none"> • Throwing and Catching - throughout the course of the year the students will work on a variety of throwing and catching activities to improve their hand-eye coordination and object control through manipulative activities.
WEEKLY	<ul style="list-style-type: none"> • Kicking and Passing - throughout the course of the year the students will work on a variety of kicking and passing activities to improve their foot-eye coordination and object control through the kicking activities.
WEEKLY	<ul style="list-style-type: none"> • Games - throughout the course of the year students will participate in a variety of cooperative activities. Participation in these games emphasize turn-taking, proper use of equipment, boundaries, rules of games, fundamental motor skills, patterns, and teamwork.
DAILY	<ul style="list-style-type: none"> • Gross Motor Development and Fundamental Locomotor Skills - inclusive of all activities the students participate in. All activities in the physical education class are designed to be developmentally appropriate for each student.
DAILY	<ul style="list-style-type: none"> • Skills incorporated into each class period are designed to coordinate with individual student's goals and objectives as stated on their IEP's.
	<ul style="list-style-type: none"> •
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	<ul style="list-style-type: none"> •

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4. EALRs/GLEs ALIGNMENT:

READING	• NA
WRITING	• NA
COMMUNICATION	• NA
MATHEMATICS	• NA
SCIENCE	• NA
SOCIAL SCIENCE	• NA
ARTS	• NA
FITNESS	<ul style="list-style-type: none"> • 1. The student acquires the knowledge and skills necessary to maintain an active life: movement, physical fitness, and nutrition.
	<ul style="list-style-type: none"> • 1.1 Develop fundamental and complex movement skills, as developmentally appropriate. • 1.2 Safely participates in a variety of developmentally appropriate physical activities.
	<ul style="list-style-type: none"> • 2. The student acquires the knowledge and skills necessary to maintain a healthy life. • 2.3 Acquire skills to live safely and reduce health risks.

5. INSTRUCTIONAL STRATEGIES:

A variety of instructional strategies will be implemented into each class session to enable the students to achieve the most success. Students will primarily be shown through teacher demonstration how to perform each skill. Individual needs and abilities will always be addressed in each activity, and expectations will consistently be modified and adapted for each student. Throughout the course of each week, skills designated on each student's IEP will be addressed on an individual basis.

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6. ASSESSMENT STRATEGIES: *Students will be assessed in the following areas:*

- Assessment will be based solely on a student's individual participation during each class period. Students will not be assessed according to skill levels or abilities. Data will be taken on each student in accordance with their goals and objectives as stated on their IEP's.

7. GRADING:

- Students will be graded 100% on participation in the physical education class, including changing into appropriate physical education clothing daily.

CLASS GRADING SCALE (%):

4.0 100 A	3.3 87 B+	2.3 77 C+	1.3 67 D+
3.8 93 A	3.0 83 B	2.0 73 C	1.0 60 D
3.7 90 A-	2.7 80 B-	1.7 70 C-	0 < 60 F

8. OTHER:

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9. CLASSROOM POLICIES AND RULES:

- All rules found in the EHS Student Handbook will be enforced in the classroom.

POLICIES:

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RULES:

- Listen while the teacher is talking.
- Listen to ther students and respect their presence and their personal space in the classroom.
- Be good, helpful teammates when participating in activities.

CELL PHONES IN THE CLASSROOM:

- Not allowed.

HALL PASSES:

- NA

10. ASSIGNMENTS AND ATTENDANCE:

- Attendance is expected; however, excused absences do not affect one's grade.

11. OTHER ITEMS RELATED TO THE CLASS:

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STUDENT'S NAME (Please print neatly): _____ Period: _____

THIS PAGE IS TO BE COMPLETED AND RETURNED BY THE BEGINNING OF CLASS ON:

I have read the SYLLABUS for Adaptive Physical Education and have become familiar with the requirements and expectations for the course: grading, attendance and classroom polices; lab and classroom rules; acceptable Internet behavior; cell phone and personal electronics policies, etc.

Student's Signature: _____

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As the parent/guardian of the minor student signing above, I grant permission for this student to access networked computer services such as the Internet for school-related assignments only. While Eastmont School District make every effort to limit access to objectionable site, I understand that some materials on the Internet may not be blockable and I accept responsibility for providing guidance to the above student on Internet use both inside and outside of the school setting and for conveying standards for the above student to follow when selecting, sharing, or exploring information and media.

Parent/Guardian's Signature: _____

Parent/Guardian's Printed Name: _____

Preferred method of contact:

Email Address (Please print clearly): _____

PHONE: Home Phone: _____

Cell Phone: _____

Work Phone: _____